

Proposed Agenda

Friday, November 20, 2009

Registration 6:30 PM

7:10 - 8:00 P	Session I: Practice Organization	Scott Whitlock, Kennesaw State
8:10 - 9:00 P	Session II: Infield Play	Lisa Navas, North Carolina State

Saturday, November 21, 2009 - Elementary School

Registration 8:15 AM

9:00 - 10:00	Session III: Outfield Play	Scott Whitlock, Kennesaw State
10:10 - 11:00	Session IV: Pitching I - Basics and Drills	Cat Osterman, DePaul University
11:10 - 12:00	Session V: Infield Play II	Lisa Navas, North Carolina State

Lunch will be served

1:10 - 2:00	Session VI: Short Game Offense	Lisa Navas, North Carolina State
2:10 - 3:00	Session VII: Short Game & 1 st and 3 rd Defense	Scott Whitlock, Kennesaw State
3:10 - 4:00	Session VIII: Pitching II - Spins	Cat Osterman, DePaul University
4:10 - 5:00	Session IX: Recruiting Seminar / Q&A	Navas, Whitlock, Osterman

Sunday, November 22, 2009

8:30	Opening Remarks	
8:45	Information ACE and Background Checks	
9:00 - 9:50	Session X: Power Base-Running	Ken Eriksen, USF/USA Team
10:00 - 10:50	Session XI: The Fastpitch Catcher	Ken Eriksen, USF/USA Team
11:00 - 11:50	Session XII: Hitting and Slapping	Ken Eriksen, USF/USA Team
12:00 N	Closing remarks	

Ken Eriksen Coaching Clinic

Registration Form

Name _____

Address _____

City _____ State _____ Zip Code _____

Email _____

Organization you coach for _____

Cost of Clinic: **\$150.00**

Mail check payable to: MDDCASA or you can pay on line at www.mddcasa.org

Mail all registration forms and payments to:

Jack Hutcherson
106 Pond View Drive
Centreville, MD 21617

MDDCASA USE

Received	Check No.	
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2009 USA Softball Hitting Clinic

Girl's Hitting Clinic – Ken Eriksen and Staff

We are preparing a hitting clinic with Ken Eriksen and other member of the college community. A hitting clinic will be offered to the first **50 Students** for a five (5) hour session. The session will be from 8:00 AM to 3:00 PM. **Only 50 Players will be accepted.**

Once the clinic is filled there will be no walk-in allowed. Cost of the Hitting clinic will be \$ 100.00 per Player for five (5) hours of instructions. Each student will receive a clinic shirt, lunch and water will be provided.

Saturday, November 21, 2009 - Middle School - Hitting Clinic

8:00 AM	Registration	
8:45 AM	Opening Remarks	
11:45 AM	Lunch Will be furnished	
12:45 PM	Infield /Outfield Defense	
3:00 PM	Closing remarks	

Hitting Clinic Registration Form

Name _____

Address _____

City _____ State _____ Zip Code _____

Email _____

Organization or High School _____ Date of Birth _____

Mail check payable to: MDDCASA or you can pay on line at www.mddcasa.org

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2009 USA Softball Pitching Clinic

Girl's Pitching Clinic – Cat Osterman

We are preparing a Pitching clinic with Cat Osterman. This will be held on Sunday Morning from 8:30 AM to 11:30 AM and will be offered to **first 50 Students** for a three (3) hour session. **Only 50** Pitchers will be accepted.

Once the clinic is filled there will be **no walk-in allowed**. Cost of the Pitching clinic will be \$ 100.00 per Player for five (3) hours of instructions. Each student will receive a clinic shirt and water will be provided.

Sunday, November 22, 2009 - Middle School - Pitching Clinic

8:00 AM	Registration	
8:30 AM	Opening Remarks	
9:00 AM	Pitching Clinic	
11:30 AM	Closing with Questiona/Ans	

Pitching Clinic Registration Form

Name _____

Address _____

City _____ State _____ Zip Code _____

Email _____ Date of Birth _____

Organization or High School _____

Mail check payable to: MDDCASA or you can pay on line at www.mddcasa.org

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